

Mastering Your Relationship To Money



With Award-Winning
Author Erin Skye Kelly



class one

class three

class two

class four

class one

class three

class two

class four

things that do not feel good and are not good for me

class one

class three

things that FEEL good BUT are not good for me

class two

class four

things that do not feel good and are not good for me

class one

class three

things that FEEL good BUT are not good for me

class two

things that might not feel good but ARE good for me

class four

things that do not feel good and are not good for me

class one

things that FEEL good AND are good for me

class three

things that FEEL good BUT are not good for me

class two

things that might not feel good but ARE good for me

class four

things that do not feel good and are not good for me

class one

class three

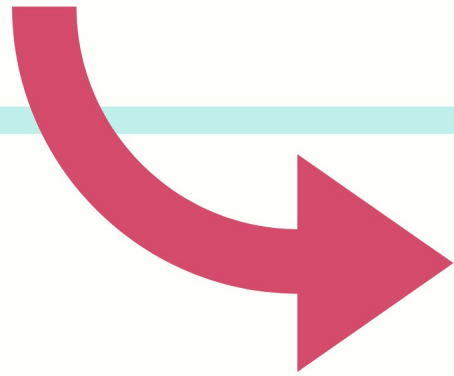
**LINE OF
INTEGRITY**



class two

class four

**LINE OF
INTEGRITY**



**THIS SIDE IS FULL OF THE
THINGS WE DO WHEN WE
BREAK PROMISES TO
OURSELVES**

**IN ORDER TO
CHANGE THE
WAY WE FEEL.**



**THIS SIDE IS
ABOUT**

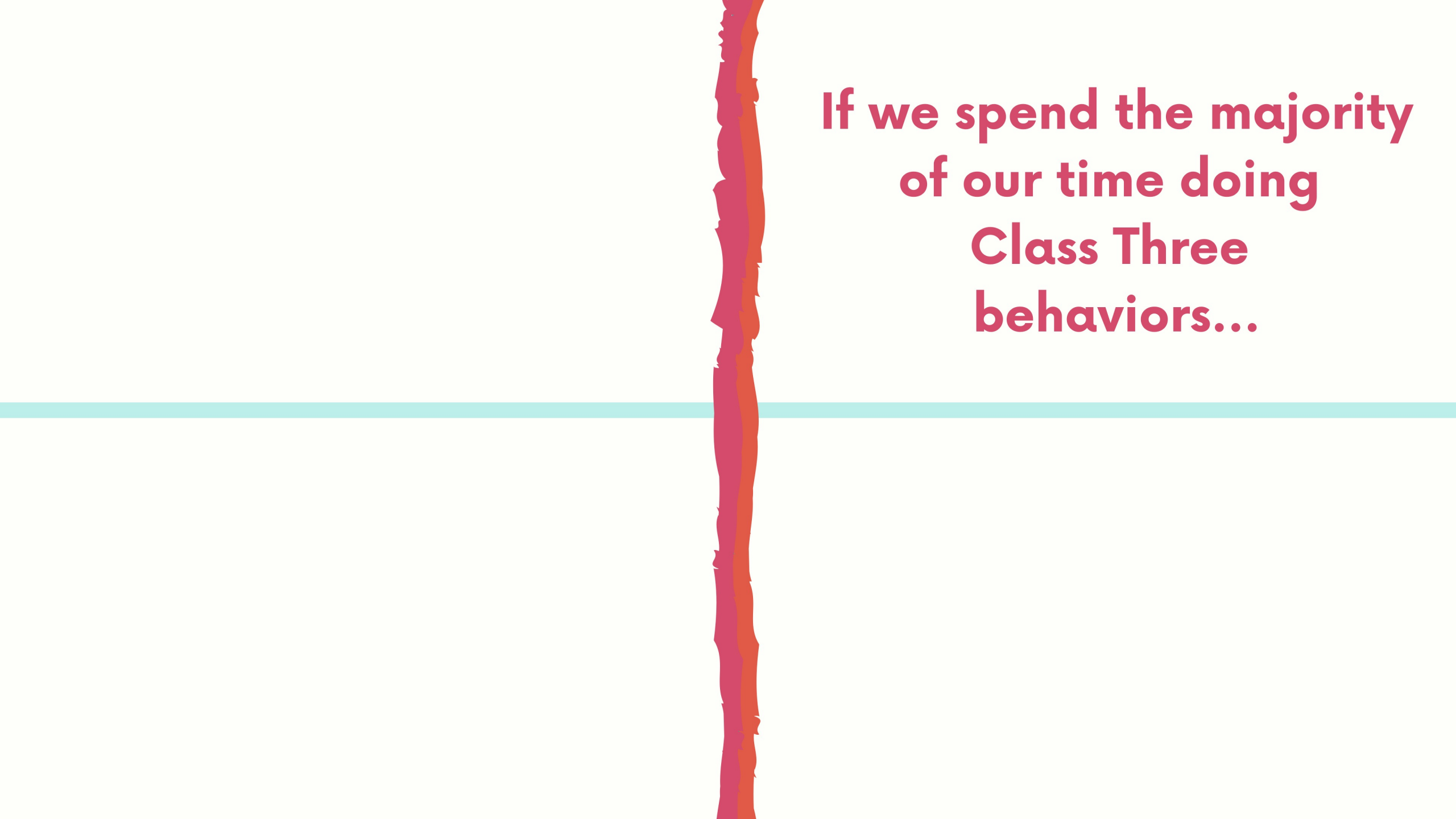
**SELF-
SOOTHING**

**THIS SIDE IS
ABOUT**

**TRUE
SELF-CARE**

**THIS SIDE IS
ABOUT**

**SELF-
SOOTHING**



**If we spend the majority
of our time doing
Class Three
behaviors...**

class one

**If we spend the majority
of our time doing
Class Three
behaviors...**

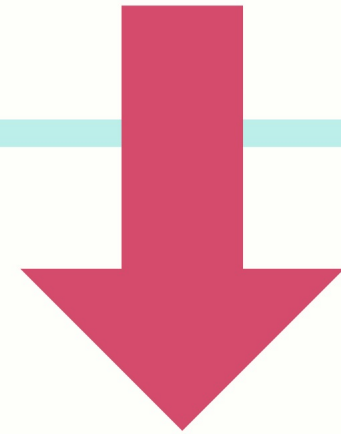
class two

**...we end up with a
Class Four life.**

class one

class two

**If we spend the majority
of our time doing
Class Three
behaviors...**



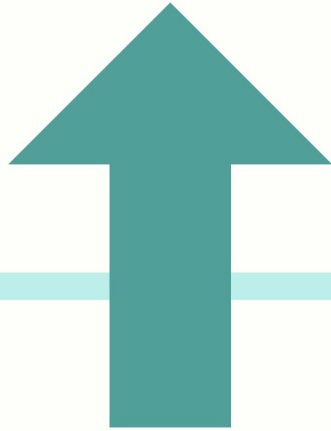
**...we end up with a
Class Four life.**

class three

class four

**If we spend the majority
of our time doing
Class Two
behaviors...**

**...we end up with a
Class One life.**



**If we spend the majority
of our time doing
Class Two
activities...**

class three

class four

class one

class three

this is the most difficult
transition to make
(from class three to class two)
but it is the most necessary.

THIS IS WHERE YOU
SHIFT FROM
"OLD YOU" TO "NEW YOU"

class two

class four



supporting activities

directional activities